

Physiotherapy Providers

Wellington Region

Careway Physiotherapy services are only available at the following practices across Wellington Region.

Clinic details and locations	Locations
Bodyfix Physio w: https://www.bodyfixphysiotherapy.co.nz/ t: 04 390 3110 e: john@bodyfixphysiotherapy.co.nz	✓ Floor 8, 104 The Terrace, Wellington Central
Capital Sports Medicine w: https://capitalsportsmed.co.nz/ t: 04 499 5732 e: reception@capitalsportsmed.co.nz	✓ Level 5, 187 Featherston St, Wellington City
Dalman Physiotherapy w: https://www.dalmanphysiotherapy.com/ t: 04 499 3430 e: Tim@dalmanphysiotherapy.com	✓ 38-42 Waring Taylor Street, Wellington Central ✓ 4/82 Main Road, Tawa
Hutt Physiotherapy Centre w: www.huttphysio.co.nz t: 04 570 2377 e: reception@huttphysio.co.nz	✓ Ground Floor, 50 Bloomfield Tce, Lower Hutt
Inform Physiotherapy Limited w: www.informphysio.co.nz t: 04 527 4155 e: admin@informphysio.co.nz	✓ 2 Whitemans Road, Silverstream ✓ 35-37 Queen Street, Upper Hutt ✓ 20 Somme Road, Heretaunga
KCP Physiotherapy w: kcphysio.co.nz t: 04 297 0114 e: kapiti@kcphysio.co.nz	✓ 10 Brett Ambler Way, Paraparaumu
Khandallah and Churton Park Physiotherapy and Pilates w: www.kpc.co.nz t: 04 479 7101 e: alison.wilson@kpc.co.nz	✓ Level 1, 17 Ganges Road, Khandallah ✓ 101 Westchester Drive, Churton Park
Live Free Physiotherapy w: www.livefreephysio.co.nz t: 021 292 831 e: info@livefreephysio.co.nz	✓ 583 High Street, Boulcott
Method Performance and Rehab t: 027 427 9778 e: info@methodsportperformance.co.nz	✓ Level 1, 3 Margaret Street, Hutt Central
Miramar Physiotherapy Ltd w: www.miramaphysio.co.nz t: 04 388 7129 e: miramaphysio@gmail.com	✓ 424 Broadway, Miramar
Motion Health Lambton Quay w: motionhealth.co.nz t: 04 831 1006 e: motionhealth@lambtonquay.co.nz	✓ Level 2, 354 Lambton Quay, Wellington Central

Clinic details and locations	Locations
Motion Health Trentham w: motionhealth.co.nz t: 04 909 4590 e: trentham@motionhealth.co.nz	✓ 11 Camp Street, Trentham
Motion Health Upper Hutt w: motionhealth.co.nz t: 04 527 7872 e: upperhutt@motionhealth.co.nz	✓ The Mall, 205-207 Main Street, Upper Hutt
North City Physiotherapy w: www.northcityphysio.co.nz t: 0800 627 497 e: porirua@northcityphysio.co.nz ; whitby@northcityphysio.co.nz ; info@northcityphysio.co.nz	✓ 3 Hartham Place South, Porirua City Centre ✓ 69E Discovery Drive, Whitby ✓ 1/24 Moorefield Road, Johnsonville ✓ 17 Rewa Terrace, Tawa
Petone Physio w: petonephysio.co.nz t: 04 939 4331 e: admin@petonephysio.co.nz	✓ unit 1/3 Britannia St, Petone
Physio Works Kapiti w: www.physioworkskapiti.co.nz t: 04 293 4287 e: paula@physioworkskapiti.co.nz	✓ 26 Ngaio Road, Waikanae
RAISE Physiotherapy & Yoga w: www.raisephysio.co.nz t: 027 244 3940 e: raylene.grant@raisephysio.co.nz	✓ 28 Golf Road, Heretaunga, Upper Hutt
Refresh Physio w: www.refreshphysio.co.nz t: 04 387 4936 e: hello@refreshphysio.co.nz	✓ 70 Kilbirnie Crescent, Kilbirnie
Rehab Co w: www.rehabcophysio.com t: 0800 734 2226 e: admin@rehabcophysio.com	✓ 14 Gateway Lane, Thorndon ✓ 499 Hutt Road, Alicetown
Revolve Physiotherapy & Pilates w: www.revolvephysiopilates.co.nz t: 04 298 1222 e: hello@revolvephysiopilates.co.nz	✓ 7 Ngaio Road, Waikanae
South Coast Physiotherapy Limited w: southcoastphysio.co.nz t: 027 827 0832 e: callum@southcoastphysio.co.nz	✓ 118 The Parade, Island Bay
The Johnsonville Physiotherapy Centre w: www.johnsonvillephysio.co.nz t: 04 478 3561 e: thejvillephysio@xtra.co.nz	✓ Unit 3/7 Johnsonville Road, Johnsonville ✓ Newlands Medical Centre, 15 Batchelor Street, Newlands

Clinic details and locations	Locations
WSM Group w: www.willisstreephysiotherapy.co.nz t: 04 384 8313/ 04 909 7609 e: wsmclinic@wsmgroun.co.nz / wspclinic@wsmgroun.co.nz	✓ Level 9 Findex House, 57 Willis Street, Te Aro ✓ Akau Tangi Sports Centre, 72 Kemp Street, Kilbirnie ✓ The Physio Spot Greytown, Five Rivers Medical, 30 Bidwills Cuttings Road, Greytown ✓ Wellington College, Frank Crist Centre, 15 Dufferin Street, Mount Victoria ✓ The Physio Spot at Victoria University, Room 203, 14 Waiteata Road, Kelburn ✓ HealthFit Collective, Level 2, 18 Allen Street, Te Aro